

# Humber Learning Consortium

## WELLBEING & INCLUSION



Themes include:

### Breast Cancer Awareness Month & Wear It Pink Day

24 October 2026

[www.breastcancernow.org](http://www.breastcancernow.org)

### Mental Health Day

10 October 2026

[www.mentalhealthuk.org](http://www.mentalhealthuk.org)

### Stress Awareness Day

5 November 2026

[www.healthwatch.co.uk](http://www.healthwatch.co.uk)

### November

[www.movember.com](http://www.movember.com)

### World AIDS Day

1 December 2026

[www.worldaidsday.org](http://www.worldaidsday.org)

### International Day of People with Disabilities

3 December 2026

[www.who.int](http://www.who.int)

## Useful Support & Resources

### Hub of Hope

Find local mental health support and services near you.

[www.hubofhope.co.uk](http://www.hubofhope.co.uk)

### Live Well Hull

Your one-stop hub for health, wellbeing, community groups and local support.

[www.livewellhull.org.uk](http://www.livewellhull.org.uk)

### Hull & East Yorkshire Mind

Mental health support, counselling, wellbeing services and training.

[www.heyhound.org.uk](http://www.heyhound.org.uk)

### StepChange Debt Charity

Free, confidential debt advice and money management support.

[www.stepchange.org](http://www.stepchange.org)

### National Debtline

Independent advice on debt, budgeting and financial wellbeing.

[www.nationaldebtline.org](http://www.nationaldebtline.org)

## Humber Learning Consortium Learning Hub



For more information on Health & Wellbeing topics click on the link  
[www.hlc-vol.org/learning-hub/](http://www.hlc-vol.org/learning-hub/)

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Themes include:

### Black History Month - October

[www.blackhistorymonth.org.uk](http://www.blackhistorymonth.org.uk)

### Islamophobia Awareness Month - November

[www.islamophobia-awareness.org](http://www.islamophobia-awareness.org)

### Hanukah (Jewish)

4 -12 December 2026

[www.myjewishlearning.com](http://www.myjewishlearning.com)



[www.hlc-vol.org](http://www.hlc-vol.org)



## Useful Support & Resources

### ♥ PAPYRUS

Prevention of Young Suicide  
Supporting young people through suicide prevention and HOPELINE247.

[www.papyrus-uk.org](http://www.papyrus-uk.org)

### 🛡️ Not In Our Community

Resources created with young people to raise awareness of exploitation, grooming and healthy relationships.

[www.notinourcommunity.org.uk](http://www.notinourcommunity.org.uk)

### 🌈 Hull Pride

Supporting LGBTQ+ inclusion, equality and community events across Hull.

[www.hullpride.com](http://www.hullpride.com)

### 👤 Hull Community Directory

Search hundreds of local activities, support groups, volunteering opportunities and wellbeing services.

[www.communitydirectory.hull.gov.uk](http://www.communitydirectory.hull.gov.uk)

### 👨‍👩‍👧‍👦 Hull Family Hubs

Support for families, young people and carers, including parenting, SEND and wellbeing services.

[www.hullfamilyhubs.org.uk](http://www.hullfamilyhubs.org.uk)

Ofsted



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