

Humber Learning Consortium

Passionate about learning

HEALTH & WELLBEING



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Get Safe Online

Provides advice on online scams, fraud, and protecting personal information.

ThinkUKnow

Run by the National Crime Agency, this site provides advice on online safety, relationships, and reporting concerns.

National Gambling Helpline

We give confidential information, advice & support, free of charge, for anyone affected by gambling harms.

24-hour National Domestic Abuse Helpline 0808 2000 247 The Cyber Helpline

Free, expert help for victims of cybercrime, digital fraud & online harm.

PAPYRUS

The national charity dedicated to the prevention of young suicide.



Stop-Think-Walk Away
www.onepunchhull.com



www.hubofhope.co.uk

There is always hope
The UK's largest mental health support directory.
Whether you want to find a service to help you feel better or you want to support someone who is struggling, we can help.

Humber Learning Consortium Learning Hub



For more information on Health & Wellbeing topics click on the link, using the password: HLC2024 www.hlc-vol.org



www.hlc-vol.org

If you, or your participants are facing financial difficulty please see the links below:

www.citizensadvice.org.uk www.nationaldebtline.org