

Humber Learning Consortium

Passionate about learning

HEALTH & WELLBEING



April Newsletter 2025

Get Safe Online

Provides advice on online scams, fraud, and protecting personal information.

ThinkUKnow

Run by the National Crime Agency, this site provides advice on online safety, relationships, and reporting concerns.

Internet Matters

Offers guidance on staying safe online, managing digital well-being, and handling online risks.

National Gambling Helpline

We give confidential information, advice & support, free of charge, for anyone affected by gambling harms.

24-hour National Domestic Abuse Helpline 0808 2000 247

Action Fraud

The UK's national reporting centre for online fraud and scams.

Be Security Aware

28 April 2025

World Day for Safety & Health at Work

The Cyber Helpline

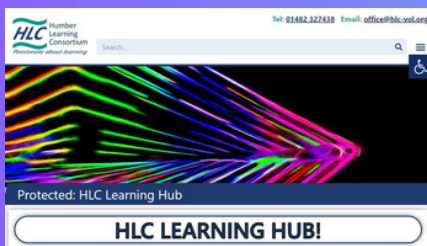
Free, expert help for victims of cybercrime, digital fraud & online harm.

PAPYRUS

PAPYRUS is the national charity dedicated to the prevention of young suicide.

By staying informed and proactive, we can create a safer online environment for everyone. Let's prioritise digital safety as an essential part of safeguarding and wellbeing.

Humber Learning Consortium Learning Hub



For more information on Health & Wellbeing topics click on the link, using the password: HLC2024 www.hlc-vol.org



<https://www.hlc-vol.org/>

Join us at
**Humber Learning Consortium
Safeguarding Week 2025
Book Your Place
HERE**

If you, or your participants are facing financial difficulty please see the links below:

www.citizensadvice.org.uk www.nationaldebttline.org