

Humber Learning Consortium

Passionate about learning

HEALTH & WELLBEING

August Newsletter 2024

Themes for the month include:

National Immunisation Awareness Month
www.cdc.gov

Cycle to Work Day
1 August 2024
www.cyclescheme.co.uk

World Breastfeeding Week 1 - 7 August 2024
www.waba.org

National Allotment Week
12 - 18 August 2024
www.nsalg.org.uk

Hot Topic Modern Day Slavery

Slavery is present in most areas of the UK, however it is not always recognisable. It can take various forms such as, forced labour, child labour, human trafficking for sex work and the forced selling of drugs.

Are you able to spot the signs of modern day slavery?

Click the image to take the test and for information on the subject.



Grief Awareness Day
30 August 2024
www.nationaltoday.com

This National Grief Awareness Day on August 30 is dedicated to raising awareness of the myriad ways in which individuals cope with loss.

If you, or your participants are facing financial difficulty please see the links below:

www.citizensadvice.org.uk

www.nationaldebtline.org

Humber Learning Consortium Learning Hub



<https://www.hlc-vol.org/>



For more information on Health & Wellbeing topics click on the link, using the password: HLC2022 <https://www.hlc-vol.org/learning-hub/>