

E-Bulletin

January 2024 Vol.60

WELCOME BACK!.. IN THIS ISSUE WE'RE CELEBRATING OUR DELIVERY PARTNER OF THE MONTH, SHARING PROGRAMME NEWS AND FUNDING UPDATES...

Kirsty Conner, Hull and East Riding CAB: HLC's delivery partner of the month...

At Citizens Advice Hull and East Riding, we are seeing the impact of the cost-of-living crisis first-hand.

Nationally since 2019, the number of cost-of-living issues we are helping people with has increased by 80%, the number of energy problems has tripled and the average monthly income of clients has dropped below that of monthly expenditure. We are on the frontline providing support to our local communities.

The festive season may have left your pockets feeling even lighter. From meal planning to cutting subscriptions, there are lots of small adjustments you can make that accumulate into substantial savings.

Now we're in the midst of the winter months, it can be especially helpful to cut down on your energy usage. Not only will you be contributing to a greener environment, but you'll notice a positive effect on your wallet too. There are lots of things that you can do around your home such as:

Replacing your lights with energy efficiency lightbulbs - it might be an initial expense, but it can save £35 per year so it'll pay for itself.

Turning your thermostat down a

Helping You
Find a Way Forward

 citizens
advice Hull &
East Riding

degree or two can save £105 per year.

Switching lights off when you leave a room can save £14 per year. Turning appliances off at the wall, like your TV or phone charger, can save £40 per year.

You can also look at improvements to make your home more energy efficient such as accessing schemes relating to insulation. Get in touch with our energy team who can help with this or any other energy problems.

If you're struggling financially, it is still important to prioritise paying priority bills/debts like energy bills, rent and council tax. Don't cancel direct debits for priority bills if you are struggling - speak to your provider or Citizens Advice first. You might think you can catch up next month, but it's easy for your debt to spiral out of control.

We can help you find ways you can maximise your income. Why not check if you're eligible for universal credit with our Help to Claim team? Thousands of eligible people are missing out on support as they've never checked.

You can access support with us through our online self-referral form, call us on 0800 144 8444, or access our drop-in services in Beverley, Bridlington, Goole and Hull.



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HULL & EAST YORKSHIRE DEVOLUTION

Hull City Council and East Riding of Yorkshire Council are jointly consulting with residents and businesses on a proposed devolution deal. This would see the creation of a new Hull & East Yorkshire Mayoral Combined Authority (note - this does not replace the two local authorities).

The deal, if passed, would bring £400m of funding into Hull and East Yorkshire over 30 years to drive growth and deliver local priorities - including critical skills investments.

HLC is responding corporately to the consultation and we would encourage all of our delivery partners (and employees/volunteers) to have their say. The consultation period is open now, until 27th February 2024.

Details about the devolution deal and what it entails, as well as the consultation survey, can be found here [LINK](#).



Multiply

HLC HAS BEEN AWARDED EXTRA MULTIPLY FUNDING IN HULL

We are delighted to announce that our Multiply Programme across Hull and the East Riding continues to thrive, engaging and supporting more than 800 people in the last 12 months.

We are working with both Hull and East Riding local authorities to deliver a wide range of Multiply courses, providing support to adults to improve their numeracy skills, to become more confident with numbers to help them progress in life.

Phil Thames, HLC's Multiply Programme Manger, said,

“Working with our community-based partners on Multiply has proven to be the key to its success so far, and this funding growth will enable us to do a lot more...”

for more information about our Multiply programmes please follow the [LINK](#).



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FORMER SPRINGBOARD LEARNER GAINS RECOGNITION FOR VOLUNTEERING AND LANDS DREAM JOB!....

Last year, Adam McGowan, from City Health Care Partnership's (CHCP) Let's Talk Service, nominated Springboard volunteer Chris for the CHCP 'Volunteer of the Year' Award, in recognition of his hard work and dedication to supporting young people at their community allotment in Hull. Chris was then selected as one of only three finalists at the ceremony at the Trinity Minister in Hull but his well deserved success doesn't stop there....



Photo shows Chris, CHCP's 'Volunteer of the Year' finalist at Trinity Minister, Hull, at the awards in December.

Chris started his journey into volunteering through help from CHCP and his Hull City Council key worker, Greg, whilst on Springboard. Following his initial 1-2-1 therapy sessions, he was able to start attending the Tuesday allotment group, at the Newland Avenue Allotments in Hull. This helped him to further develop his confidence, by meeting new friends and getting outside to learn new skills. It also

inspired him to want to become a support worker himself, so he could help others.

Through CHCP's Volunteer Passport Scheme, Adam and the team arranged for Chris to start volunteering down at the allotment to gain some work experience. He went from strength to strength and has now landed his dream job at Moorview Care, where he starts later this month supporting adults with learning difficulties and Autism. Congratulations Chris! We wish you all the best in your new role.

THIS-ABILITY CELEBRATE CHRISTMAS IN STYLE THANKS TO NESTLE...



Photo shows participants from the This-Ability project with their Christmas hampers.

In December, Nestle in York kindly donated 80 Quality Street tubs for This-Ability learners based in Hull and the East Riding. Each year the This-Ability staff make Christmas hampers and deliver them to learners, for them and their families to enjoy over the festive period. Last year was the last time as sadly the project came to an end in December 2023, so the staff, with help from the big donation made from Nestle, made an extra special effort and gave all learners a large hamper full of goodies.



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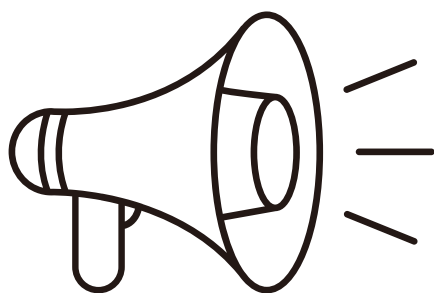
Career Opportunities: Digital Skills Event

Are you a careers professional who works with children, young people, or adults in Hull and East Yorkshire? Would you like to keep your knowledge and advice up to date and learn more from the professionals themselves about the diverse career opportunities in the digital sector? If the answer is yes, this FREE event, organised by the HEY LEP Career Aspirations Groups, will be for you!

Wednesday 6th March 2024,
08:30 – 11:00, C4DI, Queen Street, Hull,
HU1 1UU



If you'd like to book a place onto the Digital Skills Event, please follow the Eventbrite [LINK](#).



HAVE YOU GOT A STORY FOR OUR NEWSLETTER? PLEASE GET IN TOUCH..WE'D LOVE TO HEAR YOUR NEWS....

We're always looking for stories each month, from across the network, to showcase the programmes we are delivering in partnership with yourselves.

If you or your organisation has a case study or news of an event, that you think would be of interest to our readers, then please email Katie.freeman@hlc-vol.org.

The February E-Bulletin copy deadline will be 05.02.24. We look forward to hearing from you!...



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