

Health and Wellbeing

June 2023

Themes for the month include:

Scleroderma Awareness Month
<https://www.sruk.co.uk/knowscleroderma/>

Pride Month
<https://www.daysoftheyear.com/days/pride-month>

Bike Week (5 – 11 June 2023)
<https://www.cyclinguk.org/bikeweek>

Men's Health Week (12–18 June 2023)
<https://www.menshealthforum.org.uk>

World Blood Donor Day (14 June 2023)
<https://www.blood.co.uk/>

National Clean Air Day (15 June 2023)
<https://www.actionforcleanair.org.uk/campaigns/clean-air-day>

Autistic Pride Day (18 June 2023)
https://en.wikipedia.org/wiki/Autistic_Pride_Day

Learning Disability Week (19–25 June 2023)
<https://www.mencap.org.uk>

UK Windrush Day (22-24 June 2023)
<https://www.rmg.co.uk>

Armed Forces Day (25 June 2023)
<https://www.armedforcesday.org.uk>



Humber Learning Consortium Learning Hub



For more information on Health & Wellbeing topics click on the link, using the password: HLC2022
<https://www.hlc-vol.org/learning-hub/>



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